



# Surviving Anne: A Novel (The Karnac Library)

*Gustavo Dessal*

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## **Surviving Anne: A Novel (The Karnac Library)** Gustavo Dessal

'Was I born with something broken, or did it break later?' This novel is an intimate exploration of the severe psychological difficulties suffered by a woman whose parents survived a Nazi concentration camp. In it, Anne meets Dr Palmer, with whom she begins a psychotherapeutic journey that will lead her to a surprising resolution. Much more than the misfortunes of a singular drama, this is an immersion into the innermost folds of the human condition, where loneliness, helplessness, and the struggle between madness and the desire to live meet. Throughout her treatment, Anne becomes a mirror in which each reader will recognise at least one of his or her own traits. This is a story which brings together the pain of existence and the courage of someone who, with the help of her therapist, manages to get her life back on track.

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