



# **Leisure and Spirituality (Engaging Culture): Biblical, Historical, and Contemporary Perspectives**

*Paul Heintzman*

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"This is, quite simply, the most thorough and thoughtful book about the relationship between leisure and spirituality. It covers biblical, historical, theological, cultural, and practical terrain. I encourage you to read it in a leisurely and therefore more spiritual way. If you follow this book's suggestions you will be the better for it, as will your relationships, activities, and world."

--**Robert Banks**, Centre for the History of Christian Thought and Experience, Macquarie University, Sydney

"This book provides a significant contribution to academics and lay persons who seek a holistic understanding of leisure from a Christian perspective. The author systematically critiques biblical, historical, and contemporary concepts of leisure and effectively leads the reader to his thesis that, 'leisure reaches its fullest potential when our lives are lived in relationship with God.' With this book Dr. Heintzman has given the Christian community a wonderful gift that will transform our perspective on common elements of our daily lives: work, rest, and play."

--**Glen Van Andel**, Calvin College

"Paul Heintzman has once again demonstrated why he is the quintessential Christian scholar in the study of leisure and spirituality. Heintzman masterfully integrates the biblical, historical, and modern perspectives on leisure and spirituality into a well-organized and thorough volume that can be utilized across disciplines. What *Leisure and Spirituality* unveils is Heintzman's faithfulness to his Christian heritage and his longstanding commitment to this specialized strand of leisure studies."

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