



The Bald Truth : The First Complete Guide To Preventing And Treating Hair Loss

Spencer David Kobren

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With the introduction of Propecia™ the drug approved by the FDA for the treatment of male pattern baldness, and Rogaine™ 5%, regrowth of regular or "terminal" hair -- not peach fuzz -- is finally a reality. Yet thousands of products in the \$7 billion hair-loss treatment and restoration industry claim their effectiveness too. Now in *The Bald Truth*, consumer advocate Spencer David Kobren offers the antidote to decades of hair-raising hype. In this comprehensive, authoritative book, Kobren examines the largely unregulated baldness treatment industry and tells how, after years of research, he successfully treated his own hair loss -- and how you can too.

IN THE BALD TRUTH YOU'LL LEARN ABOUT:

- * the latest in hair restoration -- including a thorough review of the breakthrough drugs Propecia and Rogaine 5%, and how they work
- * how to keep from getting scalped by botched surgical procedures
- * how nutrition can supercharge treatment -- the diet that helps hair grow
- * the power of herbal treatments
- * hair systems -- what they are and where to find the good ones

Exploring case histories, the latest scientific studies, and new treatments being developed, *The Bald Truth* proves that male pattern baldness can be combated -- and helps you make an educated decision about the best alternatives available today.

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Dustin Singh:

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William Copeland:

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