



The Reflection Guide to Better Conversations: Coaching Ourselves and Each Other to Be More Credible, Caring, and Connected

Jim Knight, Jennifer Ryschon Knight, Clinton Carlson

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Every worthwhile book has a deeply held belief, and for Jim Knight's *Better Conversations* and this worktext, *The Reflection Guide to Better Conversations*, here it is:

“Effective communication is an essential skill for a fulfilled life, and we can't teach it to students if we don't know how to do it ourselves.”

Instructional coaches, administrators, teachers . . . really everyone: the royal we is *you*. In this Reflection Guide, Jim delivers a framework for improving professional dialogue that is so clearly signposted, you might as well call it a day planner.

Here's how *The Reflection Guide to Better Conversations* works:

1. In Part One, you and your peers engage in surveys, take stock, and record video in order to get real about your current beliefs and abilities. How do you measure up when it comes to empathy, asking better questions? Finding common ground?
2. In Part Two, learn about the 10 habits of being an effective communicator, and put them into practice. Are your conversations focused on others 50 percent of the time? What things typically distract you from being fully present?

In *Better Conversations*, Jim Knight reveals why true dialogue improves professional performance, job satisfaction, and classroom instruction. Together with this Reflection Guide, the two books provide a brilliant, scaffolded professional learning experience on a topic central to learning, central to life.

This is the district-wide solution you need—are you ready?

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