



Energia Contaminada: 1 (Portuguese Edition)

Maria Cristina Andersen, Edna Maria Pereira da Silva, Alexander Lucinski, Adriana Meneghette Zatta

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O que está acontecendo?!?

Thiago presente que algo está errado!

Preocupado, encontra eco nos colegas que têm as mesmas queixas e reclamam que, ao fim do turno, sentem o peso do mundo nas costas.

À procura por respostas, embarca em uma jornada que o levará a rever suas crenças, hábitos e posturas perante a vida.

Energia Contaminada não é apenas uma história de ficção, é um curso que apresenta, de forma clara, uma visão das interações energéticas e seus efeitos sobre a nossa saúde e disposição. Vai ensinar, através de exercícios simples, mas eficazes, a identificar os focos de contaminação e como se “descontaminar”, se proteger e se preparar energeticamente para os desafios do dia a dia.

Acompanhe a história de Thiago e seus companheiros, isto também pode fazer toda a diferença em sua vida!

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