



Gesund und schlank mit Schüßlersalzen: Biomaterialien zur Stoffwechselregulation (German Edition)

Vistara H. Haiduk

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Mit Schüßlersalzen zum Wunschgewicht

Schüßlersalze haben einen starken Einfluss auf das gesamte Stoffwechselsystem und damit auch auf das Körpergewicht. Um sein Wunschgewicht zu erreichen, kann man bestimmte Schüßlersalze gezielt einsetzen. Die Autorin zeigt Zusammenhänge zwischen dem angeborenen Naturell und der naturgerechten Ernährung auf, sowie Wissenswerte über medizinische, psychische und mentale Zusammenhänge, die eine Gewichts- und Stoffwechselregulation verhindern. Die Biomineralien helfen u.a. nicht nur dem Körper dabei, die Säure-Basensituation zu regulieren; sie unterstützen gleichzeitig auch das Erkennen der psychischen und seelischen Muster, die Sie davon abhalten, Ihr Wunschgewicht zu erreichen und dauerhaft zu halten. Mit konkreten Anwendungsempfehlungen und Dosierungsanleitungen!

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