



Where in the Om Am I?

Sara Divello

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Sara has invested years dutifully climbing the corporate ladder to become head of PR at a major financial services company, but can't shake the feeling she's not where she belongs. When her latest boss, a wine-guzzling, drama-loving diva, finally drives her to the brink, Sara seeks sanctuary in yoga-teacher training...only to encounter an entirely different assortment of craziness and calamity. **Where in the OM Am I?** is an irreverent, honest, and hilarious memoir chronicling one woman's journey from the fast-paced, cutthroat corporate world, to the slow-paced, surprisingly catty, and sometimes perilous world of yoga. Along the way, Sara confronts the harsh reality of working in a male-dominated industry, the challenges of being a corporate interloper in the yoga community, and the complexity of interactions between women in both realms. As epic mishaps beget personal revelations, Sara digs deep for the courage to forge a new life for herself.

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