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The Last Englishman (Volume 1)

Mr Keith Foskett



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Shortlisted for Outdoor Book of the Year by The Great Outdoors Magazine

The second book from award winning author Keith Foskett 'I'm not sure if Keith Foskett knows it but he has penned a hiking classic. I just wanted to pack up my bags and head off into the wilderness.' - Spencer Vignes (The Observer). The Pacific Crest Trail stretches some 2,650 miles from the Mexican border to Canada. It meanders through the scorching deserts of California, the dramatic Sierra Nevada, the volcanic landscape of Oregon and the vast forest of Washington. Every year around 300 hikers attempt to walk its entirety. Four in ten give up in the first month alone and only two will reach Canada. Extremes of heat and cold, the toughness and roughness of the trail and encounters with an assortment of potentially deadly creatures stretch walkers to their absolute limits. It's a lesson Keith Foskett soon learns the hard way, having to deal with blisters and other physical ailments, as well as his inherent phobia of snakes, spiders, bears, getting dirty and camping in the woods after dark. With the harsh winter looming, he enters into a desperate race against time, facing a dangerous, physical and very real threat to become the last Englishman to complete the greatest long distance walking trail on Earth. 'Telling the story of his seven-month hike from Mexico to Canada, crossing desert and mountain and meeting everything from eccentric hikers to rattlesnakes along the way. Easy to read and at times laugh-out-loud funny, it will make you want to pack your rucksack and go. – Rosie Fuller (Adventure Travel magazine). 'Long-distance hiking is tragically romantic: it's not all about fresh air, aesthetic majesty, and colorful company. This book is refreshingly honest about the difficulties and day-to-day monotony. But it also captures the rewards of this oversized effort to hike the United States end to end.' - Andrew Skurka (National Geographic Adventurer of the Year).

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