



# Emotionally Intelligent Leadership for Students: Student Workbook

*Marcy Levy Shankman, Scott J. Allen, Paige Haber-Curran*

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**The workbook that helps students connect emotional intelligence with leadership skills**

The *Emotionally Intelligent Leadership for Students: Student Workbook* contains hands-on activities and case studies to help students foster the 19 capacities of emotionally intelligent leadership (EIL) presented in the main text *Emotionally Intelligent Leadership: A Guide for Students*. Research from around the world has demonstrated that there is a relationship between emotional intelligence and leadership. For the substantially revised second edition, the authors have completely rewritten all modules and activities according to their data-based model. These activities bring theory into practice, targeting specific learning outcomes that will help students become better leaders.

The workbook can be used in conjunction with the *Emotionally Intelligent Leadership for Students: Inventory* which helps students to assess their leadership behaviors. The companion *Emotionally Intelligent Leadership for Students: Facilitation and Activity Guide* is aligned with the workbook to serve as a road map for educators.

- Contains 23 all new modules consisting of activities and case studies that further the understanding and relevancy of the emotionally intelligent leadership model
- Reflects 19 emotionally intelligent leadership capacities derived from new research research that provides evidence of construct validity
- Can be used as a self-guided experience for developing capacities of EIL
- Includes tips for improving each leadership capacity, suggestions for further reading, and films to watch

The *Emotionally Intelligent Leadership for Students* suite of resources offers an immersive and transformative educational experience, fostering growth and promoting intense self-reflection. Students will be empowered to develop into the effective leaders of the future.

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