

Gluten-Free Girl Every Day

Shauna James Ahern

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An award-winning, approachable cookbook intended for home cooks making dinner for their families, gluten-free

Shauna Ahern, the author of *Gluten-Free Girl and the Chef*—named by the *New York Times* as one of the best cookbooks of 2010—returns with a new cookbook for busy people who still love to cook. *Gluten-Free Girl Every Day*, winner of a James Beard Foundation cookbook award, features food you want to cook every day: fresh, satisfying, and filled with great flavors. The inspired ingredient pairings of these recipes come from the collaboration of Ahern and her husband Danny, a professional chef.

Vegetables in season are the key to these healthy, relatively simple recipes, along with whole grains, beans, and a few key spices and homemade sauces. *Gluten-Free Girl Every Day* also includes practical tips on how to stock a gluten-free pantry, as well as helpful insights into how to bake gluten-free.

- Features 120 gluten-free recipes for weeknight dinners and desserts
- Includes suggestions for foods that can be made ahead or frozen to make dinnertime easier
- Organized around different types of dinners: Breakfast for Dinner, One-Pot Wonders, Stir Fries, and Breaking Down a Chicken, for example

All the recipes in *Gluten-Free Girl Every Day* are gluten-free, and many are dairy-free or vegetarian as well. However, the only thing that truly matters is that these dishes are delicious.



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