



Len Deighton's French Cooking for Men: 50 Classic Cookstrips for Today's Action Men

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Revised and updated edition of the celebrated cookery classic, featuring 50 cookstrips that will solve the mysteries of French cuisine and unlock the key to 500 memorable dishes. Includes a new introduction by the author.

No one has more logically or appealingly cracked the code to French cookery than Len Deighton. Now, in this redesigned and updated edition, his culinary classic is looking better than ever.

Through the minefield of menus and cartes des vins he steers a reassuring course, outlining:

- 50 celebrated cookstrips that ingeniously reveal techniques and vital food facts at a glance
- a lexique of French/English culinary terms plus a guide to the French menu and wine list
- a comprehensive and easy-to-follow chart of sauces
- French cheese, charcuterie, butchery and ways with the vegetable!

Len Deighton's French Cooking for Men solves the mysteries of French cuisine, while retaining its mystique. Here is everything you want to know about French home cooking presented in a form so usable and appealing you will wonder how you ever got along without it.



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