



Niños: instrucciones de uso. El manual definitivo (Spanish Edition)

Rocío Ramos-Paúl, Luis Torres

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¿Estamos preparados para ser padres?

El libro completo para la educación de tus hijos.

Es una pregunta clásica a la hora de enfrentarnos al hecho de tener un hijo. Algo que en principio tendría que ser un instinto natural resulta mucho más difícil de lo que se pueda pensar, y más aún hoy en día, cuando el tiempo que dedicamos a nuestros hijos a veces puede parecer insuficiente o poco valioso.

En este contexto, la psicóloga más querida de la televisión, Rocío Ramos-Paúl, y Luis Torres han confeccionado este manual en el que no solo se aglutinan todas y cada una de las enseñanzas y técnicas que Rocío utiliza en su programa, sino que se explican de manera detallada los principales procesos y problemáticas de los pequeños según su rango de edad.

Los niños vienen sin instrucciones de uso, pero Rocío Ramos-Paúl y Luis Torres han confeccionado un estupendo prospecto con el cual podrás afrontar la educación de tus hijos de una forma serena y feliz.

Este libro te ayudará a **educar a tu hijo en distintos ámbitos:**

- * Hábitos
- * Límites
- * Tiempo de calidad
- * Entorno
- * Escolarización

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