



Mixgetränke - Von Smoothies, Bowlen bis zu Limonaden: von Silvester bis zur Sommerparty (German Edition)

Frank Wollweber

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Man muss viel trinken" - sicher ist das einer der meist gehörten Gesundheitstipps, der einem einen gesunden Lebenswandel vorschlagen will. Damit dies fortan leichter fällt, habe ich Ihnen eine ganze Reihe an interessanten Rezepten für leckere Frucht-Mix-Getränke zusammengestellt. Von den beliebten Limonaden über das Trendgetränk Smoothie bis hin zu leckeren Sommerbowlen mit oder ohne Alkohol finden Sie hier viele Anregungen, die Ihnen das Trinken fortan erleichtern sollen und zudem noch viele Vitamine und Spurenelemente liefern können.

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the other book get such as help improving your ability and your critical thinking method. So , still want to delay having that book? If I were you I will go to the reserve store hurriedly.

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