



¡Estoy Viva! (Spanish Edition)

Margarita Martí

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Margarita

nació y creció queriendo cambiar las reglas y normas establecidas en su entorno. A los 30 años, dejó de trabajar como profesora de jardín de infancia para llevar una vida considerada como normal en aquellos tiempos: cuidar a sus hijos y ayudar a su marido en su negocio.

Desde

aquel momento, las enfermedades irrumpieron en su vida. Lejos de amedrentarse y convertirse en "una enferma crónica", Marga decidió rebelarse y enfrentarse a médicos, diagnósticos y tratamientos paliativos, para dedicarse en cuerpo y alma a la búsqueda de su bienestar personal.

Esta

búsqueda le llevó a crear un centro donde compartir todo su aprendizaje vital. En este centro, Margarita es psicóloga, terapeuta, confidente, bálsamo y consejera de cientos de mujeres.

Marga

tiene una sensibilidad muy especial y un enfoque de la vida único que rezuma optimismo y vitalidad. Y está viva ¡¡Bien!!

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