



# Patología básica del sueño (Spanish Edition)

*José María Montserrat Canal*

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- Obra con un **enfoque multidisciplinar** que pretende convertirse en una herramienta indispensable para todos aquellos **especialistas involucrados en las patologías relacionadas con el sueño**.
- Aporta información fundamental sobre las principales **entidades englobadas bajo el concepto de enfermedades del sueño**. En la obra dichas patologías se abordan de una manera muy práctica para que así todos los profesionales involucrados en el tratamiento de las mismas tengan un fácil acceso a la información.
- Además de describir las patologías básicas como el **insomnio, la apnea o la narcolesia**, una parte importante del libro está dedicada a los **métodos de evaluación**, así como a analizar aspectos mediante los cuales se relacionan las enfermedades del sueño con otro tipo de patologías o al tratamiento de las patologías del sueño como enfermedades crónicas.
- Manual **práctico y dinámico**. Las tablas, esquemas e imágenes que se incluyen en la obra ayudarán al lector a sentar las bases de la actitud que todo clínico ha de tener ante la presencia de una patología del sueño o alguno de sus síntomas.
- Participan en la obra **especialistas de muy diversas áreas** para cubrir así las necesidades de formación e información de los distintos profesionales involucrados en el abordaje de estas patologías.

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