



**The Complete Book of Raw Food, Volume 2: A
New Collection Of More Than 400 Favorite
Recipes From The World's Top Raw Food Chefs
(The Complete Book of Raw Food Series)**

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Enhanced Ebook Edition in Beautiful Color!

A Dynamic New Collection of Over 400 Easy and Delicious Raw Food Recipes

The Complete Book of Raw Food, Volume 2 guides you through the process of creating fantastic raw meals. Over 400 favorite recipes from the world's leading raw chefs have been assembled and curated by acclaimed author Lisa Montgomery. This new collection includes everything from soups and salads to main dishes and desserts, plus smoothies, breads, crackers, dips, and more.

Also included is Lisa's sage advice on choosing ingredients; what tools you will need to create raw dishes; tips on dehydrating, sprouting, fermenting, and juicing; as well as prep times for all recipes.

Here are just a few examples of the delicious recipes available in *The Complete Book of Raw Food, Volume 2*:

- Sweet Cranberry Kale Salad
- Tomato Squash Soup
- Three Nut Basil Pesto Pasta
- Cucumber-Pineapple Gazpacho
- Creamy Camu Avocado Yogurt
- Pesto Spinach Portobello
- Sweet and Savory Bean Salad
- Almond-Coconut Macaroons
- Cinnamon Roll Milkshake
- Cauliflower Casserole
- Eggplant and Spinach Parmesan
- Nutty Almond Caramel Apple Slices

Comprehensive and easy to follow, *The Complete Book of Raw Food, Volume 2* is for anyone who wants to create flavorful, healthy recipes at home. It is a must-have in your raw food library!

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