



Advances in the Treatment of Posttraumatic Stress Disorder: Cognitive-Behavioral Perspectives

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Are behavioral and cognitive-behavioral therapies sufficiently broad in their effects on trauma-related psychopathology and related factors? This volume considers many of the complexities in treating PTSD, and emphasizes evidence-based approaches to treatment. A useful resource for clinicians, trainees, as well as investigators doing research into the treatment of PTSD.



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