



The Decline of Men

Guy Garcia

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Why are so many of today's supermen super-clueless?

Why do so many men prefer the escapist digitized world of Spike TV and *Grand Theft Auto* to the reality of their own lives?

An entire generation of men is slacking off. The struggle to redefine what being a man means in today's world has resulted in widespread male confusion, leading to rampant malaise, alienation, and disconnection. In this eye-opening exploration of this crisis of contemporary American manhood, award-winning journalist Guy Garcia sheds light on a problem that has wreaked havoc on the American family. Packed with startling statistics, informed by pop culture, and narrated in the entertaining style for which Guy Garcia is known, *The Decline of Men* is an important wake-up call to the distressing reality of the American male

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