



Coping with Dyspraxia (Overcoming Common Problems)

Jill Eckersley

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Dyspraxia involves difficulties with physical co-ordination. Children with dyspraxia may find it hard to learn to write, tie shoelaces or join in PE lessons. Adults may find everyday activities problematic, driving, playing sport or, in some cases, even speaking clearly. This updated edition of Coping with Dyspraxia suggests ways to cope, at any stage of life. Topics include causes and diagnosis; children at nursery and school; teenagers and life skills; and support for adults. Conventional treatment and complementary therapies are also covered, along with sources of further information and help.

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