



# The Interpreted World: An Introduction to Phenomenological Psychology

*Ernesto Spinelli*

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*Praise for First Edition:*

'This book is highly recommended to a wide range of people as a clear and systematic introduction to phenomenological psychology... the book has set the stage for possible new colloquia between the phenomenological and other approaches in psychology' - *Changes*

'As a trainee interested in matters existential, I have been put off in the past by the long-winded and confusing texts usually available in academic libraries. Thankfully, here is a text that remedies that situation... [it] provides a readable and insightful account' - *Clinical Psychology Forum*

'Spinelli's classic introduction to phenomenology should be essential reading on all person-centred, existential and humanistic trainings, and any other counselling or psychotherapy course which aims to help students develop an in-depth understanding of human lived-experience. This book is sure to remain a key text for many years to come' - *Mick Cooper, Senior Lecturer in Counselling, University of Strathclyde*

'This is by far the most monumental, erudite, comprehensive, authoritative case that Existentialism and Phenomenology (a) have a rightful place in the academy; (b) are tough-minded bodies of thought; (c) have rigorous scientific foundations; (d) bequeath a distinctive school of psychotherapy and counselling; and (e) are just as good as the more established systems of psychology' - *Alvin R. Mahrer, Ph.D. University of Ottawa, Canada, Author of The Complete Guide To Experiential Psychotherapy*

'This book's rich insight into the lacunae of modern psychological thinking illustrates the contribution that existential phenomenology can make to founding a coherently mature Psychology that is both fully human(e) and responsibly 'scientific' in the best sense of that term' - **Richard House, Ph.D., Magdalen Medical Practice, Norwich; Steiner Waldorf teacher.**

The **Interpreted World, Second Edition**, is a welcome introduction to phenomenological psychology, an area of psychology which has its roots in notoriously difficult philosophical literature.

Writing in a highly accessible, jargon-free style, Ernesto Spinelli traces the philosophical origins of phenomenological theory and presents phenomenological perspectives on central topics in psychology - perception, social cognition and the self. He compares the phenomenological approach with other major contemporary psychological approaches, pointing up areas of divergence and convergence with these systems. He also examines implications of phenomenology for the precepts and process of psychotherapy.

For the **Second Edition**, a new chapter on phenomenological research has been added in which the author focuses on the contribution of phenomenology in relation to contemporary scientific enquiry. He describes the methodology used in phenomenological research and illustrates the approach through an actual research study.

**The Interpreted World, Second Edition** demystifies an exciting branch of psychology, making its insights available to all students of psychology, psychotherapy and counselling.

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