



# The Virtuous Consumer

*Leslie Garrett*

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## **The Virtuous Consumer** Leslie Garrett

Sure, there are people who chain themselves to old-growth trees, raise their one child diaper-free, and make their own soap. The Virtuous Consumer is for the rest of us, struggling to make choices that are better for the planet — and for us. Leslie Garrett has created a comprehensive reference guide that — like a smart, funny, and eco-conscious friend — will steer you toward ethical purchases for everything from lipstick to cars, kids' toys to a new mattress. The Virtuous Consumer is your key to shopping consciously and creating a simpler, greener lifestyle.

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