



# **DIY Home Remedies: How To Cure And Heal Ailments At Home (Herbal and Home Remedies - Antibiotics - Medicine - Natural Cures)**

*The DIY Reader*

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## **Discover How To Cure And Heal Ailments At Home**

### **BONUS - Get Your Free 10,000 Word Report on the Top 12 Superfoods**

#### **Learn The Simple, Natural Home Remedies To Help Yourself and Your Family Stay Healthy**

Every now and then everyone faces medical problems at home, at school, and at work. But do you know how to address an ailment when the need arises? What is the first thing that you need to do if someone suddenly collapses from a heart attack? What needs to be done if someone suffers from a second-degree burn? How do you deal with appendicitis?

Also, with so many tips and strategies out there, how can you tell which ones are absolutely safe, effective, and efficient?

This book will show you the best DIY home remedies for a wide variety of ailments that are common in many households. Read and absorb all of the information that you will find in this book so that you will know how to take immediate action when facing injuries, animal bites, wounds, and other emergencies.

#### **In this book you will find the following important information:**

- Prevent accidents and ailments from happening at home
- Assemble a basic first aid kit
- The correct way to administer CPR
- How to act efficiently during a medical emergency
- Remedy appendicitis, diarrhea, and other abdominal conditions
- Treat allergies, including anaphylaxis
- Help remedy diabetes and its symptoms
- Treat wounds and injuries efficiently, including bleeding, blisters, burns, and so on

- React to heart ailments such as angina and heart attack

And so much more!

Your health and that of your family are the most essential assets that you have. Learn to protect it in the safest and most medically sound ways possible. Let this book teach you how to do that.

## What You'll Know from “DIY Home Remedies”

- Prevention is Better than Cure
- Cardiopulmonary Resuscitation (CPR)
- Initial Assessment for Medical Emergencies
- Remedies for Abdominal Problems
- Remedies for Allergies
- Remedies for Diabetes
- Remedies for Wounds and Injuries
- Remedies for Ear Problems
- Remedies for Heart Problems

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#### **Lawrence Gregory:**

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#### **Tara Wilson:**

Spent a free a chance to be fun activity to try and do! A lot of people spent their sparetime with their family, or their particular friends. Usually they undertaking activity like watching television, going to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Will you something different to fill your current free time/ holiday? Could be reading a book is usually option to fill your cost-free time/ holiday. The first thing you ask may be what kinds of e-book that you should read. If you want to consider look for book, may be the reserve untitled DIY Home Remedies: How To Cure And Heal Ailments At Home (Herbal and Home Remedies - Antibiotics - Medicine - Natural Cures) can be great book to read. May be it can be best activity to you.

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