



# **TDAH en Adultos. Cómo Reconocer y Tratar a un Adulto con TDAH en 30 Fáciles Pasos (Spanish Edition)**

*The Blokehead*

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El Trastorno por Déficit de Atención con Hiperactividad (TDAH) Siempre se ha asociado a problemas de desarrollo infantil. Sin embargo, en los Estados Unidos, simplemente, WebMD afirma que hay alrededor de 8 millones de adultos con este problema y algunos de ellos aún siguen sin ser diagnosticados y, por ende, sin tratar. La sintomatología del TDAH Adulto puede haber comenzado en la infancia. Alrededor de 60% de niños con TDAH llevan los síntomas hasta la edad adulta. Sin embargo, en algunos casos, los síntomas solamente se manifiestan durante la adultez y no tan prominente como durante la niñez. O puede ser que los síntomas nunca fueron diagnosticados durante la infancia.

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