



# The Food of Indonesia: Delicious Recipes from Bali, Java and the Spice Islands

*Heinz Von Holzen, Lothar Arsana*

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The fabled Spice Islands of Indonesia encompass the most astonishing physical and cultural diversity in Asia. This book introduces a sampling of the most popular recipes from across the archipelago. Included are Spicy Padang favorites from West Sumatra, healthy Javanese vegetable creations, succulent satays and barbecued poultry dishes from Bali and Lombok, and unusual recipes from Kalimantan and the remote eastern isles of Indonesia. In addition to the range of exciting recipes, this cookbook acquaints the reader with Indonesia's varied cultural and culinary traditions.

*The Food of Indonesia* presents 79 easy-to-prepare recipes with detailed descriptions of cooking methods and ingredients, enabling you to reproduce the flavors of the Spice Islands at home.

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