

Tru: A Cookbook from the Legendary Chicago Restaurant

Rick Tramonto, Gale Gand, Mary Goodbody



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Tru: A Cookbook from the Legendary Chicago Restaurant Rick Tramonto, Gale Gand, Mary Goodbody The opening of Tru in Chicago was the long-anticipated culmination of the dreams of executive chef Rick Tramonto and his partner, executive pastry chef Gale Gand. There Tramonto and Gand are free to unleash their superb culinary imaginations, serving wildly creative fare best described as progressive French-inspired cooking anchored in the finest European traditions.

Tru reveals the secrets of Tramonto and Gand' s award-winning cuisine-techniques and recipes they have evolved over the past twenty-five years of preparing some of the most delectable food in the world. This glorious cookbook offers more than seventy-five never-to-be-forgotten Tru favorites-starting with first courses such as Ricotta Gnocchi with Parmegiano-Reggiano Cream; greens such as Lemon Balm Salad with Yuzu Soy Dressing; and entrees including Black Trumpet Mushroom—Crusted Ahi Tuna and Roasted Beef Tenderloin with Truffled Potato Puree. Gale Gand provides recipes for an irresistible array of cheese courses and a variety of exquisite desserts, including Apricot Tart Tatin and Fromage Blanc Mousse with Blueberry Stew.

Masterfully written recipes with careful attention to detail and easy step-by-step instructions will enable cooks of all levels to prepare and present unforgettable meals, enhance the dining ambience, and enjoy the taste of Tru perfection at home. Award-winning sommelier Scott Tyree suggests wines to complement every course. Tramonto and Gand also share the remarkable story of how they became two of the world's great chefs and how they made Tru a four-star restaurant.

On every page, *Tru* reflects an abiding love for food, a great passion for the table, and attention to all that goes into producing superb meals. *Tru* is the ultimate cookbook for anyone who appreciates food as inventive as it is beautiful.

NOTE: This edition does not include photos.

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